

DIABETES RESOURCE GUIDE 2011



diabetes partnership
OF CLEVELAND

3601 Green Road, #100
Cleveland, OH 44122
216-591-0800 www.diabetespartnership.org
August, 2011

This diabetes resource guide has been prepared for you by **Diabetes Partnership of Cleveland** (formerly the Diabetes Association of Greater Cleveland). Diabetes Partnership of Cleveland is Northeast Ohio's only local and independent diabetes-focused organization.

The health educators at **Diabetes Partnership of Cleveland** provide free blood glucose screenings, answer your questions about diabetes, teach you how to use your blood glucose monitor, offer assistance with obtaining diabetes supplies on an emergency basis and provides information about upcoming programs. Do not hesitate to call them at 216-591-0800 or at www.dagc.org. Click on "Ask an Educator".

In this guide, you will find information from most hospitals in the Northeast Ohio area along with a contact name and phone number. If you have questions about services, fees, what is covered by your health insurance, etc, at a particular hospital, feel free to call the contact person and ask.

Some "terms" you may notice are:

Diabetes Self Management Education or DSME - a series classes, taught by nursing and nutrition professionals that teach the basics of managing diabetes. Some examples of topics include; what are diabetes, medications, blood glucose testing, sick days, complications, and diet. There is usually a charge for DMSE.

Medical Nutrition Therapy or MNT- one on one visits with a registered dietitian to discuss managing diabetes through food and diet. There is usually a charge for MNT.

Support Groups - meetings that provide additional information on living with diabetes. These meetings are usually free of charge and open to people with diabetes, their family members and care-givers.

Diabetes Seminars - periodic meetings that provide speakers on various topics related to diabetes. These are usually free of charge and open to people with diabetes, their family members and care-givers).

Patient Assistance Programs or PAP - Information about various patient assistance programs and low cost or no cost clinics are in the back of the guide.



The Diabetes Partnership of Cleveland offers:

- Education Programs
- School and Health Fair Presentations
- Diabetes Risk Assessments
- Individual and Group Diabetes Self-Management Classes
- Printed Educational Materials (including materials in Spanish and for the visually impaired)
- Answering Questions Via Telephone or "Ask an Educator" on our website www.DAGC.org
- Individual Medical Nutrition Therapy Counseling
- Aronoff Library and Resource Center
- Patient Assistance Program
- Referral Services to Healthcare Providers
- Professional Education Programs
- Camp Ho Mita Koda & Programs for Children and Teenagers with Diabetes
- Public Policy Activities Surrounding Local Diabetes-Related Issues

Education Staff:

MaryAnn Nicolay, BA, DTR

Health Educator

(216) 591-0800 x 16

Siri Zimmerman, MS, RD, LD

Nutrition Educator

(216) 591-0800 x 28

Daniel Finkenthal, RN, BSN

Nurse Educator

(216) 591-0800 x 13

HOSPITAL RESOURCES

Akron General Medical Center

Diabetes Education and Self-Management Program

400 Wabash Avenue;

Kelly Reed, MS, RD, LD, CDE

kreed@agmc.org

Akron, Ohio 44307

(330) 344-7762

- Community Education programs offers 4 times a year. Call for info
- Medical Nutrition Therapy available. Call for info.
- Diabetes Self Management Education classes (ADA recognized). Call for info.
- Gestational diabetes education
- Periodic diabetes seminars

Akron Children's Hospital (Summit)

215 West Bowery St.;

Janet Haas, RN, CDE

jhaas2@chmca.org

Akron, Ohio 44308

(330) 543-3208

- Medical Nutrition Therapy available with physician referral.

Affinity Medical Center (Stark)

875 8th Street NE; Massillon Road;

Linda DeWitt, MSN, RN

Massillon, OH 44646

(330)-832-8761

Alliance Community Hospital (Stark)

200 E. State Street;

Connie Altomare, RN, MA, MLIS, CDE

caltomar@achosp.org

Alliance, Ohio 44601

(330) 596-7145

- Diabetes support group 1st Wednesday / Feb, April, June, Sept, Nov from 1:30-2:30 pm
- Diabetes Self Management Education classes (ADA recognized); individual or group classes by appointment
- Medical Nutrition Therapy available by appointment

Aultman Hospital Diabetes Education (Stark)

2600 6th Street SW;

Liz Heiser, RN, BSN, CDE

lheiser@aultman.com

Canton, Ohio 44710

(330) 363-5235

- Diabetes support group 2nd Tuesday / month; 12:00 -1:00 (YEARLY)
- Medical Nutrition Therapy available.
- Teen Support Group –Call for more information
- Diabetes Self Management Education classes (ADA recognized); afternoon, evening and Saturday classes available.
- Gestational diabetes individual education available
- Annual diabetes health fair in August

Barberton Summa Citizens Hospital (Summit)

155 5th Street NE;
Helen Richwine, RN, CDE
hrichwine@barbhosp.com

Barberton, OH 44203
(330)-615-3911; Fax (330)-615-4063

- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Diabetes Self Management Education classes (ADA recognized)
- Gestational diabetes education
- Community education programs 2nd Tuesday of the month 7x per year

Conneaut Medical Center UH

158 West Main Road;
Nancy Hutchens, RN, CDE
nancy.hutchens@UHhospital.org

Conneaut, Ohio 44030
(440) 593-0364 Fax (440)-593-6710

- Diabetes support group, 2nd Thursday of January, March, May, July, September and November, 3:30 pm.
- Medical Nutrition Therapy available
- Diabetes Self Management Education available
- Public Education Classes, call Nancy for next available class
- Mailing list: contact Nancy

**Cleveland Clinic
Diabetes Center**

10685 Carnegie Ave; X Building; Desk X20
Cleveland, OH 44195
216-444-3672
Shannon Knapp, RN, BSN, CDE
Cheryl Reitz, RD/LD, CDE
Sally Soltis, RD/LD, CDE

- Diabetes Self-Management Education classes (ADA recognized) monthly. Call for schedule.
- Introduction to Insulin Pumps Seminar monthly. Call for schedule and information.
- Medical Nutrition Therapy individual education.
- Gestational diabetes individual education.

Elyria Memorial Hospital Regional Healthcare System (Lorain)

Diabetes Education Program 630 East River;
Kim Horvath, RN, BSN, CDE

Elyria, Ohio 44035
(440) 284-5709

Euclid Hospital a Cleveland Clinic Hospital

18901 Lake Shore Boulevard;
Eva Bradley, RN, BSN, CDE
ebradley@cchseast.org

Euclid, Ohio 44119
(216) 692-8711

- Diabetes support group, 1st Wednesday of each month (Except Jan, July and Aug), 7 pm. In Waltz Auditorium
- Medical Nutrition Therapy available Call R.D. at 216-692-8503 for appt.
- Diabetes Self Management Education (ADA recognized); 2-3 classes per month; Call for information.
- Mailing list info:
 - Wellness Coordinator (216)-692-7515
 - Health Wise Connection Coordinator (216)-692-8820

Hillcrest Hospital Cleveland Clinic Health System

6777 Mayfield Road / North Campus; Mayfield Heights, Ohio 44124
 Chris Carroll, MS, RD, LD, CDE (440) 312-7760
 Mary Chism, RN, BSN, MEd

Huron Hospital Cleveland Clinic Health System (Lennon Diabetes Center)

13951 Terrace Road; Cleveland, Ohio 44112
 Sue Cotey, RN, CDE (216) 761-4286 fax (216)-761-6992
 scotey@cchseast.org
 Chrysa Nasca Kirsch BSN, RN, CDE
 ckirsch@ccf.org

- Diabetes support group, 2nd Thursday of March, April, May, September, October and November, 3:30-5 pm.
- Medical Nutrition Therapy available
- Diabetes Self Management Education classes (ADA recognized), Wednesdays, 12:30 - 3 pm, three sessions monthly

Joel Pomerene Memorial Hospital (Holmes)

981 Wooster Rd; Millersburg, OH 44654
 Carol Denbow; (330)-674-1015 ex 1128
 carold@pomerene.org

- Diabetes support group “Lunch Bunch” meets monthly
- Medical Nutrition Therapy with physician referral

Kaiser Medical Offices / Ohio Region

Lucy Thomas, CNP, CDE (216)-362-2021
 Regional Coordinator / Diabetes Self Management Program
 Lucy.Thomas@KP.org

- Blood glucose and blood pressure screening available
- If you would like to make an appointment for diabetes teaching, Call (216)-524-7377 and request a 60-minute diabetes teaching appt. at one of the Kaiser facilities
- Kaiser members can receive free diabetes education classes, call (216)-525-7377 for times and locations.
- Visit www.kp.org for more service information.

Lake Hospital System

10 East Washington Street;
Terry Grano, RN, BSN, CDE
terry.grano@lhs.net

Painesville, Ohio 44077
(440) 953-6272

Lakewood Hospital Diabetes and Endocrine Center

14601 Detroit Avenue Suite # 540
Kathleen Devney, RN, BSN, CDE
kdevney@lkwh.org

Lakewood, Ohio, 44107
(216)-529-5300

4 Diabetes Nurse Educators and 3 Registered Dietitians are available to serve you.

- Medical Nutrition Therapy (physician referral required)
- Diabetes Self Management Education Classes (ADA recognized).
Individual classes and group classes
- Diabetes seminars and monthly support group. Call for details.

Lodi Community Hospital

225 Elyria Street;
Robin Waltenberger, RD, LD
rwaltenberger@lodihospital.com

Lodi, OH 44254
(330)-948-5546

- Diabetes Self-Management Education (ADA recognized). Call for info.
- One-on-one Medical Nutrition Therapy available. Call for info.
- “Sugar School,” a 2-hour class for underinsured and uninsured individuals. Call for information.

Marymount Hospital

12300 McCracken Road Room #253
Laurel Burnes, MSN, RN, CDE
lburnes@marymount.org

Garfield Heights, Ohio 44125
(216) 587-8246

- Diabetes Self Management Education classes available. Call for details.
- Medical Nutrition Therapy available. Call for details
- Gestational diabetes management
- Renal disease management
- Goal setting and planning services

MedCentral Health System Mansfield & Shelby Hospitals (Richland & Crawford)

355 Glessner Ave;
Cynthia Welch, RN, BSN, CDE

Mansfield, OH 44903
(419)-526-8541 fax (419)-526-8939

- Diabetes support group
- Juvenile diabetes support group
- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Diabetes Self Management Education classes (ADA recognized)
- Annual diabetes fair
- Outpatient diabetes and pregnancy counseling

Medina Hospital, a Cleveland Clinic Hospital (Medina)

1000 East Washington Street;

Medina, Ohio 44256

Jane Carver, RN, BSN, CDE

(330) 721-5981

Michelle Hume, RD, LD

(330) 721-5144

jcarver@ccf.org

- Diabetes Self Management Education classes (ADA recognized).
- Diabetes Update seminar in November. Call for details.
- Carb counting class through nutrition services. Call for information.

Mercy Regional Medical Center (Lorain)

3700 Kolbe Road;

Lorain, Ohio 44053 Suite 015

Kathy Northeim, RN, BSN, CDE

(440) 960-3810 (440)960-3068

Elizabeth Burgess, RN, BSN, CDE

Kathy.Northeim@health-partners.org

- Medical Nutrition Therapy available with physician referral
- Diabetes education seminars
- Diabetes Self Management Education classes (ADA recognized)
- Spanish interpreter

Day classes 1-4:00 pm; evening classes 5:30-8:30 pm. Available in Elyria, Lorain, Oberlin

Mercy Medical Center (Stark)

1320 Mercy Drive NW;

Canton, OH 44708

Debra Shaw, MSN, RN, CDE

(330)-489-1484

debra.shaw@cantonmercy.org

- All ADA recognized programs
- All outpatient diabetes education requires a physician referral
- Medical Nutrition Therapy
- Gestational diabetes education
- Diabetes Self Management Education classes
- Diabetes support group; meets every other month..
- Annual diabetes health and equipment fair in March

MetroHealth Medical Center

2500 MetroHealth Boulevard;

Cleveland, Ohio 44109

Patricia Cardwell, MS, RD, CDE

(216) 778-7835

pcardwell@metrohealth.org

Cindy Newshutz, RN, CDE

- Medical Nutrition Therapy available. Call for information.
- Newly expanded Diabetes Self Management education classes (ADA recognized), First 3 Wednesdays of the month 2:30-4:30 p.m.

To be rated at Metro Health, contact

1.Barbara Malone at 216-778-5585 and ask for an appointment.

2.For people over 55 years, contact Metro Health Advantage program
216-778-7800

MetroHealth Buckeye Health Center2816 E. 116th Street,

Marti Marshall, RN, BSN, CDE

Cleveland, Ohio 44120

(216) 957-4029

- Diabetes Self Management Education classes, group and individual, available, Monday – Friday, occasional Saturday classes, call for information
- Medical Nutrition Therapy available.
- Support Group meets once every other month, open to all, call for details

Parma Community General Hospital

7007 Powers Boulevard;

Karen Krauth, RN, BSN, CDE

Parma, Ohio 44129

(440) 743-2348

klkrauth@parmahospital.org

- Diabetes support group, 2nd Thursday of each month, September-May, 7-9 pm in the hospital auditorium. (No December meeting)
- Medical Nutrition Therapy available. Call for information.
- Diabetes Self Management Education classes (ADA recognized) available.
- Diabetes seminars. Call for details.

Rainbow Babies and Children's Hospital / Pediatric Endocrinology

11100 Euclid Avenue, Room 737;

Carol Meszaros, RN, BSN, CDE

Cleveland, Ohio 44106

(216) 844-3661

Carol.meszaros@uhhospitals.org

- Medical Nutrition Therapy with physician referral.
- Diabetes Self Management Education classes available by physician referral.
- Workshops available for school RN's
- Additional locations in Westlake, Medina, Twinsburg, and Beachwood

Robinson Memorial Hospital Diabetes Care and Education Center (Portage)

6847 North Chestnut St.;

Ed Eichler, RN, CNS, CDE

Ravenna, Ohio 44266

(330) 297-2552

eeichler@rmh2.org

fax (330) 297-2537

- Medical Nutrition Therapy with physician referral.
- Diabetes Self-Management Education classes (ADA recognized),
- Services are tailored to adults. By referral; Monday-Friday, 8 am-4:30 pm.

Samaritan Hospital (Ashland)

1025 Center Street;

Karin Schwan, RN, N-CP, CDE

Ashland, OH 44805

(419)-207-2551

kschwan@samaritanhospital.org

- Diabetes support group; 3rd Thursday of the month; 7 p.m.
- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Diabetes education classes. Call for information.

St. John West Shore Hospital

26908 Detroit Road, #100;
DeAna Rodriguez, RN, BSN, CDE
Deana.rodriguez@csauh.com

Westlake, Ohio 44145
(440) 827-5341 ext. 1

- Diabetes support group, 3rd Thursday of each month, 7:30-9 pm. (except Dec. and Feb.)
- Diabetes Self Management Education (ADA recognized); group classes and individual appointments available with physician referral.
- Medical Nutrition Therapy with physician referral
- Gestational diabetes education available
- Diabetes health seminars offered Spring and Fall

St. Vincent Charity Hospital, Joslin Diabetes Center affiliate

2322 East 22nd Street; Suite 310
216-363-2732
Dawn Noe RD, LD, CDE
Dawn.noe@csauh.com

Cleveland, Ohio 44115
(800)-834-4917

- Support groups: Pumpers, Men, Women – call for next meeting dates
- Medical Nutrition Therapy; individual appointments available.
- Diabetes Self Management Education classes (ADA recognized)
Group classes: 9:30-11:30am or 4:30-6:30pm. Three-class series
Individual classes by appt. Classes also available at Premier and Westlake
- Insulin pump workshops: focusing on CGM's and initiating and managing insulin pumps. Wednesdays by appointment
- Diabetes Clinical Research – call to learn about current research trials. Medication and support at no cost.

South Pointe Hospital Cleveland Clinic Health System

Diabetes Education Center;
20000 Harvard Road, Bldg A, 2nd floor #212
Lynne Timko, RN, CDE
ltimko@ccf.org

Warrensville Heights,
Ohio 44122
(216) 491-7385

- All classes are certified AADE
- Diabetes support group quarterly. Call for details
- Medical Nutrition Therapy available. Call for appt.
- Diabetes Self Management Education classes (ADA recognized). Call for details.
- Diabetes Health Fair in November.
- Mailing List: Call Lynne to be added
- Health Fair ever Nov. 2-5 PM (1st Friday of the month)
- Classes available at Macedonia Recreation Center on Fridays call for details

Southwest General Health Center

18697 Bagley Road, Suite A412;
Darcie Drake, RN, BA, CDE

Middleburg Heights, Ohio 44130
(440) 816 -5728

ddrake@swgeneral.com

Hollie Asanowicz, RN, BSN, CDE (440) 816 -5728

Yolande Windsor, RD, LD, MS, CDE (440)-816-5305

- Medical Nutrition Therapy available with physician referral.
- Diabetes Self Management Education classes (ADA recognized) available.

Summa Western Reserve Hospital (Summit)

1900 23rd Street;

Cuyahoga Falls, Ohio 44223

Christine L. Allen, RN, CDE

(330) 971-7697

allenc1@summa-health.org

- Diabetes support group meets 4 evenings per year. Call for details.
- Medical Nutrition Therapy available with physician referral.
- Diabetes Self Management Education classes (ADA accredited) available with a physician's referral; call for information.

Summa Center for Diabetes Care (Summit)

St. Thomas Hospital

444 North Main Street;

Akron, Ohio, 44310;

Jodi Padrutt MSN, RN-C, CDE, CPHQ, NE-BC (330) 379-5680

padruttj@summahealth.org

- Diabetes Self Management Education classes (ADA recognized), M-F, 7:30 am – 4 pm except Wednesday 7:30am – 8:00 pm
- Medical Nutrition Therapy available at same times as above
- Education classes for those at high risk for diabetes (pre-diabetes, obesity, PCOS, IGT) available at same times as above
- Diabetes workshops / seminars/ evening support group throughout the year

Summa Wadsworth-Rittman Hospital (Medina)

195 Wadsworth Road;

Wadsworth, OH 44281

Cathy Weiss, RN, MSN

(330)-331-1163

- Diabetes support group: Breakfast meetings the last Saturday of the month 8:00-9:15am.
- Medical Nutrition Therapy with physician referral
- Diabetes education classes; call for information.

University Hospitals of Cleveland / Adult Endocrinology

11100 Euclid Avenue, Lakeside 8107

Cleveland, Ohio 44106

Yolanda Flenoury, RN;

(216)-844-3283

yolanda.flenoury@uhhospitals.org

University Hospitals Medical Practices (6 locations)

Phone: 216-383-7813 Fax: 216-383-5350

- Diabetes Self Management Education individual and group classes (ADA recognized), by appointment with physician referral (Type 1, Type 2, Gestational)
- Medical Nutrition Therapy counseling, by appointment with physician referral

- Evening and some afternoon classes are available, please call for more information.

* 5850 Landerbrook Dr, Ste 100
Mayfield Heights, OH 44124

* 3909 Orange Place, Ste 2500
Orange Village, OH 44122

* 18599 Lake Shore Blvd
Euclid, OH 44119

* 13207 Ravenna Road
Chardon, OH 44024

* 960 Clague Rd
Westlake, OH 44145

* 14200 Ridge Road
N Royalton, OH 44133

* 701 N Lake Street
Madison, OH 44057

Union Hospital (Tuscarawas)

659 Boulevard Street;
Ann Strauss, RN, CDE
annstrauss@unionhospital.org

Dover, OH 44622
(330)-343-3311 x 2394

- Outpatient diabetes education with physician referral
- Medical Nutrition Therapy with physician referral
- Gestational diabetes education available
- Diabetes Self Management Education classes (ADA recognized)
- Diabetes support group

**Veteran Administration Medical Center
Brecksville Center**

10000 Brecksville Road;
Annette Pedersen, CNS,BC-ADM, CDE
Annette.Pedersen@med.va.gov

Brecksville, Ohio 44141
(440) 526-3030 ext. 6445

- Diabetes Self Management education classes (ADA Recognized Program)
Tuesdays at 1 pm and Fridays at 9:30 am
- Medical Nutrition Therapy available. Call for information.
- Group medical appointment with Clinical Nurse Specialist and Pharmacist; 2nd
Thursday of the month at 1:00 p.m. – Call for information.
- Individual meetings with Certified Diabetes Educator as needed

**Veteran Administration Medical Center
Wade Park Center**

10701 East Boulevard;
Mary Beth Skala, RD, LD, CDE
marybeth.skala@med.va.gov

Cleveland, Ohio 44106
(216) 791-3800 ext. 4404

- A number of classes are available for Veterans, call Janet Anselmo for more information at (216)791-3800 extension 4397

Wooster Community Hospital (Wayne)

1761 Beall Avenue;

Wooster, OH 44691

Bonnie Willis;
bwillis@wchosp.org

(330)-263-8196

- Diabetes support group
- Medical Nutrition Therapy with physician referral
- Diabetes health and wellness seminars
- Diabetes education classes; call for information

Medicare Part B Coverage of Diabetes Services and Supplies

A copy of the publication on coverage of diabetes services and supplies can be obtained from the Medicare website, www.medicare.gov, or by calling 1-800-633-4227. TTY users should call 877-486-2048.

Covered diabetes services and supplies require a physician prescription and in some cases, a Certificate of Medical Necessity. Client payment responsibility is dependent on deductible, secondary insurance and provider acceptance of assignment.

Medicare part D covers the cost of some prescription drugs or insulin depending on the program in which a person is enrolled.

Diabetes Screenings

Medicare covers these screenings if you have any of the following risk factors: high blood pressure (hypertension), history of abnormal cholesterol and triglyceride levels (dyslipidemia), obesity, or a history of high blood sugar (glucose). Tests may also be covered if you meet other requirements, like being overweight and having a family history of diabetes.

Based on the results of these tests, you may be eligible for up to two diabetes screenings every year. You pay nothing for the test, but you generally have to pay 20% of the Medicare-approved amount for the doctor's visit.

Supplies

Covered items include blood glucose monitors (one meter every five years), test strips, lancing device (one device every six months), lancets and control solution.

Physician prescription must include the following documentation:

- Diagnosis of diabetes.
- Type of blood glucose meter needed and medical reason for the special meter, such as vision impairment.
- Number of tests strips and lancets needed for one month.
- Number of blood glucose tests per day.
- Whether insulin is part of treatment or not.

Foot exam every 6 months if you have diabetes related nerve damage in either foot.

Therapeutic Shoes

Coverage is 80% of the Medicare approved amount for depth-inlay shoes, custom-molded shoes and custom-molded shoe inserts. A Certificate of Medical Necessity including the following documentation must be completed by physician:

- Diagnosis of diabetes.
- Presence of one or more of the following conditions in one or both feet: history of partial or complete amputation, history of
- previous foot ulcers, history of callus that can lead to ulcers,
- peripheral neuropathy, poor circulation and/or foot deformity.

Diabetes Self Management Training

Requires physician referral. A Medicare approved program must provide services. Up to 10 hours of initial education and 2 hours of follow-up education is covered each year.

Doctor Services

Services that are medically necessary (includes outpatient and some doctor services you get when you're a hospital inpatient) or covered preventive services. Except for certain preventive services, you pay 20% of the Medicare-approved amount, and the Part B deductible applies.

Medical Nutrition Therapy Services

Requires physician referral for the diagnosis of diabetes and/or kidney disease. Services must be provided by a Registered Dietitian who is a Medicare approved provider and include 3 hours of initial nutrition therapy and 2 hours each year after that.

Dilated eye exam annually

Glaucoma Screening

Service is covered once every 12 months for Medicare recipients who are at high risk for glaucoma, including diabetes or family history of glaucoma. Screening must be done or supervised by an eye doctor who is legally allowed to provide service in your state.

Flu and Pneumonia Shots

Coverage includes one flu shot per year during the fall or winter.

Generally, a pneumonia shot is needed only once. Consult with physician if indicated to have more than once.

NOTE:

- An authorized Medicare supplier must submit claims for mail orders electronically. Medicare does not accept claims from the recipient.
- Mail order suppliers must contact the Medicare recipient prior to shipping refill orders.

PATIENT MEDICATION ASSISTANCE PROGRAMS

Insulin and oral medications are available to patients who cannot afford them through programs established by various pharmaceutical companies. Generally, the physician's office must start the process. Some programs will issue discount cards for medications or blood glucose monitoring supplies. Many assistance programs now have forms that must be filled out and submitted on-line by the physician's office.

The following Internet websites will provide information about medications or blood glucose monitoring supplies available through various assistance programs:

www.togetherrxaccess.com

Most cardholders save 25 to 40 percent on brand-name prescription medicines and products

www.pharma.org (look under publications)

www.needymeds.com

NeedyMeds is a 501(c)(3) non-profit information resource devoted to helping people in need find assistance programs to help them afford their medications and costs related to health care

www.rxoutreach.com or 1-800-769-3880

A patient assistance program that provides more than 55 FDA-approved generic medications. Rx Outreach provides a three-month supply of a medicine for \$20.00 / Tier 1 or \$30.00 / Tier 2

www.pparx.org

(Partnership for Prescription Assistance) or 1-888-477-2669

The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free.

www.rxassist.org

Patient assistance programs are run by pharmaceutical companies to provide free medications to people who cannot afford to buy their medicine. RxAssist offers a comprehensive database of these patient assistance programs, as well as practical tools, news, and articles so that health care professionals and patients can find the information they need. All in one place

DRUG REPOSITORIES

Lake County Drug Repository Program

Lake County residents may be eligible for assistance with their prescription drugs. Person must have no active third party Rx drug reimbursement coverage; or, be a patient of a nonprofit clinic. To qualify and register, call 1-888-565-0155. May have to leave a message and wait 3-5 business days to receive a return call due to large volume of calls.

Lorain County Drug Repository Program

The Drug Repository receives unused prescription drugs from nursing homes and long-term care facilities. Medical providers determine patient's eligibility and inform Buderer Fisher Drug Company and the Lorain County General Health District of the new patient to the program. The prescription drugs are then distributed to the patient.

For current list of available medications from the Drug Repository, visit www.pkcompounds.com/drp

For more information regarding program details call the Prescription Assistance Phone Line at (440)284-3064. Or, contact the Lorain County General Health District at (440)322-6367 or contact@loraincountyhealth.com.

Summit County Drug Repository

1100 Graham Road Circle: Stow, Ohio 44224 (330) 923-4891
L. Stemple, RN (330) 926-5778

The Drug Repository receives unused prescription drugs from nursing homes and long-term care facilities. Costs of Prescriptions are based on a sliding scale and the amount of prescriptions needed.

Participants in the program must:

- Be a Summit County resident with limited or no medication insurance coverage
- Be 18 years of age or older
- Have no reasonable financial means to pay for the prescribed drug(s)
- Have an income level up to 400% of the Federal Poverty Guidelines

Assistance Services

Care Alliance

Medical clinic providing health care and services to low income and the homeless at sites around the city. Provides physician services, nursing clinics, podiatry, pediatrics, dental and eye care. For more information on any of the locations, please call

(216) 391-HELP. COMING SOON; Chronic Care Program- Diabetes Program

- Care Alliance for the Homeless – 1530 St. Clair, 216-781-6724
Hours: Monday-Friday 8:00am - 4:30 pm
 - Appointments and Walk-ins
 - Have to be in line by 7:30am or 12:30pm for walk-ins
 - Walk-ins are Monday-Friday for women and Monday –Thursday for men
- Carl S. Stokes Social Services Mall- 6001 Woodland Ave., 216-923-5000
Hours: Monday-Friday 9:00am-12:00pm, 1:00pm-5:00pm
 - Appointment and Walk-ins
 - Accepts Walk-ins Monday-Friday 9:00am-10:00am and 1:00pm-3pm.
- Care Alliance at Riverview Estates -1795 W 25th St., 216-619-5571 Hours: Wednesday 1:00pm- 5:00pm and Friday 8:30am-4:30 pm
 - Appointments
 - Walk-in as schedule permit

Catholic Charities

(216) 631-3499

Catholic Charities-Geauga County, (440) 285-3537

Catholic Charities- Lorain County, (440) 324-2614

Catholic Charities-Lake County, (440) 946-7264

Catholic Charities-Medina County, (330) 723-9615

Children’s Health Insurance Program (CHIP)

Ohio children up to age 20 may qualify for free health insurance through Healthy Start.

Pregnant women may also qualify. Some income restrictions apply. Call the Consumer Hotline at 1-800-324-8680, Mon-Fri, 7 am-8 pm and Sat-Sun, 8 am-5 pm.

CHIP and Children’s Medicaid both offer many benefits:

- Dentist visits, cleanings, and fillings
- Eye exams and glasses
- Choice of doctors, regular checkups, and office visits
- Prescription drugs and vaccines
- Access to medical specialists and mental health care
- Hospital care and services
- Medical supplies, X-rays, and lab tests
- Treatment of special health needs
- Treatment of pre-existing conditions

Cleveland Free Clinic

12201 Euclid Avenue

(216) 721-4010

BY APPOINTMENT ONLY

Monday, Tuesday, Wednesday – 9:30am to 3:00pm Thursday – 11:00am to 3:00pm

- General medical services
- Specialty clinics by appointment only
- Routine physicals by appointment only (MUST HAVE PAPERWORK)
- Chronic care – hypertension, diabetes, asthma, and high cholesterol

SYRINGE EXCHANGE PROGRAM

WALK-INS ACCEPTED Monday through Friday

9am – 12 noon (Westside) 1pm – 3pm (eastside)

- Exchange used syringes for unused, sterile syringes
- One-for-One model
- Referrals to other Free Clinic programs and community agencies

Cleveland Sight Center

1909 East 101st Street; Cleveland, Ohio 44106-8696; (216) 791-8118

Anyone who is having trouble with daily activities as a result of vision loss, is seeking greater independence and is willing and able to benefit from one or more of our services. They also provide education and support to family members.

Cuyahoga County Programs for Working Families

Child Care, (216) 987-7346

Health Insurance, (216) 987-7346

WIC (Women Infants and Children), (216) 961-2233

PRC (Preventing dependence, Retaining employment, Contingent needs), (216) 987-7000. Short term, one-time financial assistance.

Healthy Start

(216) 987-7346

A service of Cuyahoga Health and Nutrition providing insurance for children under age 19 based on sliding scale fee. May offer; Regular checkups, Dental care, Eyeglasses, Prescription medicine, and Immunizations.

Kidney Foundation of Ohio, Inc.1370 West 6th Street; Cleveland, Ohio 44113

(216) 771-2700

www.nkfofohio.org

Provides assistance with individuals who diabetes and have kidney problems. Have transportation, medication, and emergency utility programs for those with kidney problems. Call for further details. Also provides diabetes and renal education.

Lake County Free Medical Clinic

54 South State Street #302,

Painesville, Ohio

(440) 352-8686

Appointments Only. Long waiting list to a see physician.

Lifeline, Inc. of Geauga County (Available for resident of Lake County only)

8 N. State Street, #435; Painesville, Ohio 44077 www.lclifeline.org

(440)-354-2148 Hours: 8am-4pm Walk-ins or Appointment.

- Prescription Assistance Program- pays up to \$200 for medication. Receive vouchers to get prescription filled at the local CVS. Medication over \$ 200 must be covered by the patient but may be eligible for a discount.
- Diabetes Assistance Program- Customers can receive diabetes supplies or a starter kit that includes a glucose meter, 100 test strips, lancets, alcohol swabs and glucose tablets. Syringes are also available if required. Customers will receive proper instruction from the CVS Pharmacy on how to use and maintain the meter. In addition, customers may be referred to the Lake Hospital System's Diabetes Care Center for diabetes education classes.
- Lion's Club Eyeglass / Eye Exam referral Program

Lion's Club Eye Clinic at St. Vincent Charity Hospital

2351 E. 22 Street, (216) 363-2500

Can provide free or discounted medical care to those who fit the guidelines. Call for additional information. Services include eye exams, eye surgery and the diagnosis and treatment of eye disease. Eye glasses are available

Lorain County Free Clinic

3323 Pearl Avenue; Lorain, Oh 44055

(440) 277-7602

www.lcfreeclinic.org

- Appointment Only
- Have to fill out an application for eligibility of services provided: Call to request an application and provide proof of income.

Lorain County Health & Dentistry

Medical and dental services are available for adults, children and pregnant women.

Transportation, assistance with financial and prescription forms available.

Central Location: 1800 Livingston Ave; OH 44052

New patients call (440) 233-1037

Returning patients call (440) 233-0166

Dental appointments call (440) 233-0100

South Location: 3745 Grove Ave; OH 44055

New patients call (440) 277-1102

Returning patients call (440) 240-1655

Prescription refills call (440) 240-1655

MetroHealth Center for Community Health (City of Cleveland Health Clinics)

Asian Plaza Plaza Medical Building, 2999 St Clair, 216-861-4646

Buckeye Health Center, 2816 E.116, (216) 957-4200

Broadway Health Center, 6835 Broadway; 216-957-1500
Brooklyn Health Center, 5208 Memphis Ave; 216-398-0100
J Glen Smith, 11100 St. Clair, (216) 249-3600
Lee Harvard Health Center, 4071 Lee Rd; 957-1200
Miles Broadway, 9127 Miles Avenue, (216) 883-3260
McCafferty Health Center, 4242 Lorain, (216) 651-3740
Strongsville Health Center, 16000 Pearl Rd; 440-238-2124
West Park Medical Building, 3838 W.150, (216)-957-5000

To be “rated”, call or walk in to one of the MetroHealth satellite clinics and ask to speak with the financial counselor. Some information, such as a photo ID, proof of income, proof of address, etc. will be required.

MetroHealth Medical Center (2500 MetroHealth Blvd; Cleveland, Ohio 44109)

To be rated at Metro Health Main Campus, contact

1. Barbara Malone at 216-778-5585 and ask for an appointment
(NO WALK-INS).
2. For people over 55 years, contact Metro Health Advantage program
216-778-7800

Neighborhood Care Center (Southwest General Hospital)

17951 Jefferson Park Dr; Middleburg Heights, Ohio 44130 440-816-6444
Primary health care services at no cost for qualified residents of Berea, Brookpark, Columbia Township, Middleburg Heights, Olmsted Falls and Strongsville. Patients eligible for service are seen by appointment only on Tuesday evenings from 6 to 8 p.m. and two Thursday evenings per month from 6 to 8 PM

Neighborhood Family Practice

Sliding Fee Scale & Insurance

Cleveland Office 3589 Ridge Road, (216) 281-0872 (by appointment only)

Tremont Office 2358 Professor Road, (216) 334-2800 (by appointment only)

They accept patients with Medicaid HMOs, commercial health insurance, Medicare, and offer a sliding fee scale for patients without health insurance. New uninsured patients must schedule a visit with a financial counselor before scheduling a doctor visit.

- Co-payments must be paid at the time of service.
- If you have an insurance card, please bring it to each visit
- You can probably see a doctor today; we offer same day appointments.

NEON (North East Ohio Neighborhood Health Services, Inc.)

Hough Center, 8300 Hough, (216) 231-7700

WALK-IN CLINIC AVAILABLE at all sites, 8:30am-11:00am and 2pm-4pm, M-F

Superior Center, 12100 Superior, (216) 851-2600

Collinwood Center, 15322 St. Clair, (216) 851-1500

Southeast Center, 13301 Miles, (216) 751-3100

East Cleveland Center, 15201 Euclid, (216) 541-5600

- Centers offer a wide range of services with a sliding scale fee based on income for low-income families, accepts some insurances.
- Prescription drugs available on sliding fee scale or through various programs. Ask RN, MD or R.Ph for details.
- Dental clinics available at each location.

To access care at NEON, bring one of the following:

- proof of income in form of W-2 tax forms
- last 2 pay stubs
- last unemployment stub or statement from unemployment office
- statement from employer re: average weekly income
- statement on official letterhead from community organization (half way house, group home, church, social service agency) that can vouch for unemployment status

North Coast Health Ministry

16110 Detroit Ave., Lakewood 44107
(216) 228-7878

NCHM can provide free or discounted medical care to those who fit the guidelines. Call for additional information, M – F 9am-4pm.

Ohio Department of Insurance

(800) 686-1526

Lists open enrollment under publication “Consumer Guide to Health Insurance” on web site www.ohioinsurance.gov

OPEN M Clinic

941 Princeton Street Akron, Ohio 44311

(330) 434-0110

Operates the only free medical clinic in the city of Akron and serves all of Summit County. Patients of the clinic receive basic medical and dental care. Our patients also receive medication free of charge at the full-service pharmacy at OPEN M. Since our clinic is run strictly by volunteers we are unable to offer "walk-in" appointments.

Interested individuals must call the clinic first to verify eligibility and then are placed on a waiting list.

Visit--<http://www.openm-ministry.org/>

SCALE

(Screening, Centralized, Assessment, Level of Care Assignment & Engagement)

2012 W. 25th Street 6th Floor Cleveland 44113

(877)-236-8676

Rev. Charlotte Still

(216) 241-3400

www.adamhsc.org

Fax (216) 861-5067

- Serves uninsured adults with behavioral healthcare needs
- Seeks to improve the utilization of limited non-Medicaid funds.

Qualified individuals for the SCALE program are persons requesting mental health services who are aged 18 or older, residents of Cuyahoga County, uninsured, and new to the community mental health system. New, or unlinked, is defined as an individual who has not been seen within the previous six months (except for crisis services) by a

service provider within the community mental health system.

Southwest General Neighborhood Care Center

17951 Jefferson Park Middleburg Heights, Ohio 44130 (440)-816-8450

- Free clinic serving the Middleburg Heights area.
- Must live in district and be uninsured.
- Diabetic Clinic is run once per quarter. Call for details.

United Way Services / First Call For Help

(216) 436-2000

Free information and referral 24 hours a day. Visit the website at www.uws.org

Western Reserve Area Agency on Aging (WRAAA)

(800) 826-7277; (216) 621-0303 Local

Offers Meals on Wheels, home injury control, minor home modifications (wheelchair ramps, assistance bars), transportation, general information for the aging population.

CHORE Services – (216) 664-4694 – workers provide home maintenance tasks (housework, mowing, simple repairs)

